

UP, UP & AWAY! SOMEDAY!

Materials: pencil 1 balloon
 paper helium
 scissors string
 your imagination!

Step 1: Think of something that is easy for you to do. Something that makes you feel good when you do it. This is called "a gift" of yours. We are all born with many gifts. Is your gift being nice to others? Playing a musical instrument? Taking care of pets? Drawing a nice picture? What is your gift? Write it down.

Step 2: Next, write the words "Someday I will," then write your gift after those 3 words. Now, finish the sentence with, "so I can make the world a better place."

EXAMPLE: *Someday I will sing songs so I can make the world a better place.*

Step 3: Cut your sentence off of your piece of paper.

Step 4: Fold up the paper with the sentence on it and push it into the balloon.

Step 5: Fill the balloon with helium and make a knot to close off the balloon.

Step 6: Tie the string to the end of the balloon.

Step 7: Close your eyes and say, "I wish the best for all mankind."

Step 7: Then, go outside and let go of the balloon. Watch it go Up, Up & Away. Out, into the world. This is your promise to do your part in making the world a better place someday.

REMEMBER: *Always keep your promises!*